



The goals of our school lunch program:

- Provide a healthy, nutritious and tasty lunch at an affordable price
- Increase student participation through our CHOICE menus
- Cook and bake more menu items (use less processed foods)
- Serve age-appropriate portions

We need student participation for our lunch program to be successful. To do this, we offer CHOICE menus ... students can choose from the daily menu items:

- **Entrée.** Students may choose the regular entrée or select the alternate sandwich entrée each day (sandwich will vary weekly).
- **Pick Two.** Students can select up to two items from the daily menu options: vegetables (ex: beans, corn, carrots, broccoli), sides (ex: salad, potatoes, pasta, bread), and fruit (ex: apple, banana, grapes, berries). Menu options will vary daily, not every food item will be available every day.
- **Dessert.** Each menu will include one dessert (ex: jello, pudding, cookie, brownie, cake, ice cream).
- **Milk** (white, chocolate) or water.

### Lunch Prices

Students (PS-Grade 1)	\$3.40	Extra Entrée	\$1.00
Students (Grade 2-8)	\$3.90	Extra Milk	50¢
Adults	\$3.90	Snacks	50¢

**Free and Reduced Meals.** We are creating an application process to provide free and reduced meals for eligible families (using the National School Lunch Program guidelines). Reduced meals: \$1.00 per student.

**Snacks.** Students may purchase mid-morning, lunch, and afternoon snacks through the lunch program. Snack options may vary daily.



Some students eat school lunch every day, some eat a few times each week or month, and others don't eat school lunch. We challenge each child to eat at least one school lunch every week in August and September ... and we hope you will continue in our lunch program throughout the year.

August 1, 2019